

## **CURRICULUM VITAE**

Roy V. Hakala, D.D.S.

### **Education: Degrees and Honors**

Bachelor of Science, University of Minnesota, Minneapolis, MN, 1975

Doctor of Dental Surgery, University of Minnesota School of Dentistry,  
Minneapolis, MN, 1975

Fellow of the Academy of General Dentistry with major course work  
emphasis on orthodontics and TMJ diagnosis and treatment

Diplomate of the American Board of Craniofacial Pain

Diplomate of the American Board of Dental Sleep Medicine

Diplomate of the Academy of Clinical Sleep Disorders Disciplines

### **Postgraduate Education:**

Five-year program in orthodontics and TMJ diagnosis and therapy, United  
States Dental Institute, Northbrook, IL, 1980-85

Advanced Program in TMJ diagnosis and treatment, National Capital Center  
for Craniofacial Pain, 1986

Certified in Oral Implantology, Intravenous Sedation, and Oral Prosthetic  
Rehabilitation, Midwest Implant Institute, Columbus, OH

Certified in the Evaluation of Soft Tissue Injuries from Motor Vehicle Accidents  
by the American Academy of Craniofacial Pain

Certified in Oral Appliance Therapy for Snoring and Obstructive Sleep Apnea  
by the American Board of Dental Sleep Medicine

Certified in Myofascial Therapy by the American Academy of Craniofacial  
Pain.

Certified in Pharmacotherapeutics by the American Academy of  
Craniofacial Pain

Certified in Therapeutic Injection Therapy by the American Academy  
of Craniofacial Pain

## CURRICULUM VITAE

Roy V. Hakala, D.D.S.

Page 2

### **Professional Activities:**

Minnesota License to Practice Dentistry #8171 since June 1975

Dental Director, Academy of Clinical Sleep Disorders Disciplines

Founder of the Minnesota Craniofacial Center Midway, P.A. in 1994, a practice dedicated entirely to the diagnosis and nonsurgical treatment including orthodontic treatment of TMJ disorders; and oral appliance therapy for snoring and sleep apnea, St. Paul, MN.

Associate Clinical Faculty at Northwestern Health Sciences University, Bloomington, MN and in its Interdisciplinary Educational Program

Independent consultant in orthodontics and TMJ therapy, 1987-present

Instructor in cephalometric radiography, nationally, sponsored by United States Dental Institute, Northbrook, IL, 1992-1999

Instructor in orthodontic and TMJ diagnosis and mechanics, nationally, sponsored by United States Dental Institute, Northbrook, IL 1987-1999

Lecturer in HealthEast Medical Group, 1995-2010

Private practice of general dentistry including TMJ therapy, 621 West Fourth Street, Red Wing, MN 1976-1997

Director of Dental Services, Hastings State Hospital, Hastings, MN, 1975-1976

Clinical Instructor, Department of Oral Radiology, University of Minnesota School of Dentistry, Minneapolis, MN 1974-75

### **Guest Presentations and Publications:**

Lecturer, "The Real Relationship Between OSA and TMD," Academy of Clinical Sleep Disorders Disciplines 2015 Annual Meeting, Scottsdale, AZ

Lecturer, "The TMJ/OSA/OA Connection, Academy of Clinical Sleep Disorders Disciplines 2014 Annual Meeting, Scottsdale, AZ

Lecturer, "EMA Oral Appliance Theory and Practice in OSA and TMD," Academy of Clinical Sleep Disorders Disciplines 2012 Annual Meeting, Scottsdale, AZ

## CURRICULUM VITAE

Roy V. Hakala, D.D.S.

Page 3

Co-author, "The Use of Prolotherapy in the Treatment of Temporomandibular Dysfunction," Journal of Prolotherapy 3:2, 2010 with Dr. Kim Ledermann

Lecturer, "TMD: The Nonsurgical Perspective," Florida Academy of Pain Medicine Annual Meeting, Palm Beach, FL, 2009

Author, "Prolotherapy (Proliferation Therapy) in the Treatment of TMD," Journal of Craniomandibular Practice, 2005

Lecturer, "Oral Systemic Balance and Impaired Oral Function," Academy of Dental Sleep Medicine National Meeting, Denver, CO, 2005

Spencer International TMJ Program 2004 TMJ Anatomy, Diagnosis, and Treatment of Temporomandibular Disorders (TMD)

American Academy of Craniofacial Pain Annual Meeting 2002  
Management and Insurance Protocols in the Treatment of the TMJ Patient

North Metro Dental Association Lecture 2000  
Temporomandibular Disorders, Migraine, and Orofacial Pain:  
Screening, Diagnosis, and Treatment

Lecturer, Minnesota Institute for Legal Education, 1997-2000

Table Clinician, Minnesota Dental Association Star of the North Meeting,  
1997, 1998, 1999, 2000

HealthEast International Faculty 1999  
Dental Alternatives to Conventional Medical Management of  
Sleep Disorders with a Focus on Diagnosis  
Temporomandibular Disorders-Prevalence, Diagnosis,  
Consequences and Treatment

Contributing Editor, Cervical Trauma as an Etiology of Temporomandibular Disorders, pub. 1998 by the American Academy of Head, Neck, and Facial Pain

HealthEast Continuing Education Faculty 1998  
"The Physician's Role in Screening, Diagnosis, Treatment of TMD"  
"Sleep Disorders and Indications for Oral Appliances as an  
Alternative to Constant Positive Air Pressure Therapy"

Lecturer, Minnesota Academy of Physical Medicine, 1997 & 1998

CURRICULUM VITAE

Roy V. Hakala, D.D.S.

Page 4

Professional Memberships:

Diplomate, American Board of Craniofacial Pain  
Diplomate, Academy of Clinical Sleep Disorders Disciplines  
Diplomate, American Board of Dental Sleep Medicine  
Fellow, American Academy of Craniofacial Pain  
Fellow, Academy of General Dentistry  
Fellow, American Back Society.  
Member, American Dental Association  
Member, Minnesota Dental Association  
Member, St. Paul District of Minnesota Dental Association  
Member, American Academy of Regenerative Orthopedic Medicine  
Member, Minnesota Sleep Society