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[www.mncranio.com](http://www.mncranio.com)

Welcome to the Minnesota Craniofacial Center for TMJ & Sleep Treatment!

We know that snoring can be a serious problem that affects family relationships, quality and appreciation of life, and cardiovascular health. When snoring progresses to become sleep apnea with frequent lapses in breathing during the night, the problem can even become life-threatening.

Major advances have been made in sleep research. Treatment with oral appliances is very comfortable and effective for many people. Often, people comment that their first night's sleep with their oral appliance was the best nights sleep they have had in years! We will also work with you to identify and address other factors that may be interfering with sleep quality, which may include referrals to other professionals.

Your first appointment will include an examination to determine if you are a candidate for oral appliance therapy, and we will explain your treatment choices to you. Some people need to be referred to a sleep center for further laboratory tests before an oral appliance can be constructed. We will discuss this possibility with you, also.

We have enclosed some registration forms. Please fill these out ahead of time and bring them to your first appointment. We look forward to meeting you, and to helping you sleep better!

Sincerely,

Kim Ledermann, D.D.S., M.S.  
MINNESOTA CRANIOFACIAL CENTER, P.C.

**Patient Medical & Insurance Information**

*Please list information for everyone involved in your care. We will send an examination report to each of these addresses, unless you request otherwise. Please use a black or blue pen.*

Your Name: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home #: \_\_\_\_\_  
Work #: \_\_\_\_\_  
Cell #: \_\_\_\_\_  
Email: \_\_\_\_\_  
Employer: \_\_\_\_\_  
**Emergency Contact:** \_\_\_\_\_  
**Phone #:** \_\_\_\_\_  
\*\*\*\*\*

**Whom may we thank for referring you to our office?**

\*\*\*\*\*  
Primary Health Insurance: \_\_\_\_\_  
Billing Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
Subscriber: \_\_\_\_\_  
Subscriber DOB: \_\_\_\_\_  
Policy/Group #: \_\_\_\_\_  
ID #: \_\_\_\_\_  
\*\*\*\*\*

Secondary Health Insurance: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
Subscriber: \_\_\_\_\_  
Subscriber DOB: \_\_\_\_\_  
Policy/Group #: \_\_\_\_\_  
ID #: \_\_\_\_\_  
\*\*\*\*\*

**If your treatment is related to a motor vehicle accident, please fill in the following:**

Auto Insurance: \_\_\_\_\_  
Billing Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
DOI: \_\_\_\_\_ Claim #: \_\_\_\_\_  
Adjuster Name: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
\*\*\*\*\*

Attorney: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone #: \_\_\_\_\_

**If Minor, Name of Responsible Party:**

I authorize sharing my (check one or both) \_\_\_\_\_  
\_\_\_\_\_ financial information / \_\_\_\_\_ treatment information  
with the following person: \_\_\_\_\_

**Signature:** \_\_\_\_\_  
\*\*\*\*\*

Physician: \_\_\_\_\_  
Clinic Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
\*\*\*\*\*

Dentist: \_\_\_\_\_  
Clinic Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
\*\*\*\*\*

Chiropractor: \_\_\_\_\_  
Clinic Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
\*\*\*\*\*

Neurologist: \_\_\_\_\_  
Clinic Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
\*\*\*\*\*

Other Care Provider: \_\_\_\_\_  
Clinic Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
\*\*\*\*\*

**If your treatment is related to a work injury, please fill in the following:**

Other Insurance Info (Workers Comp/Personal Injury) Company Name: \_\_\_\_\_  
Billing Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Subscriber: \_\_\_\_\_ DOB: \_\_\_\_\_  
Policy#: \_\_\_\_\_ ID #: \_\_\_\_\_

## **Insurance Information—Please Read!**

Please note that it is your responsibility to understand your insurance benefits and coverage. Filling out this form will help us give you the most accurate **estimation** of your benefits. We will submit to your insurance as a courtesy.

If you have medical insurance and would like to receive the maximum benefits available to you from your insurance company, it is important that **you** contact your insurance company **prior to your first visit in our office**. We certainly are happy to answer any insurance questions you may have, but please understand, MN Craniofacial Center can only assist you and cannot guarantee payment from your insurance company.

### **Please call your medical insurance company for the following information:**

1. Do I have non-surgical TMJ benefits? Yes   or   No
  
2. Does my benefit plan have any exclusion for TMD treatment or durable medical equipment (DME)? Yes   or   No
  
3. Do I have a deductible? Yes   or   No  
    How much is the deductible? \_\_\_\_\_  
    How much of the deductible has been met? \_\_\_\_\_  
    What is my out-of-pocket (OOP) maximum? \_\_\_\_\_  
    How much of the OOP max has been met? \_\_\_\_\_
  
4. Do I need a Prior Authorization for DME? Yes   or   No  
(Give DME CODE **D7880** to your insurance representative. If that code does not work, try **21110**)

**Fax number to send prior authorization:** \_\_\_\_\_

5. Copayments are due on the day of service. How much is my office copay? \_\_\_\_\_
  
6. Which of these services will be applied to my deductible, and what percentage of the fee do I pay for them:
  - A. X-Rays: \_\_\_\_\_
  - B. Office Visits: \_\_\_\_\_
  - C. DME (Durable Medical Equipment): \_\_\_\_\_

Name of representative you spoke with \_\_\_\_\_ Date \_\_\_\_\_

Your insurance plan may require a referral from your primary care physician to be seen in our office. You are responsible for being aware of this and for obtaining this referral if it is required.

**History of Presenting Complaints**

Today's Date: \_\_\_\_\_

Welcome to our office! Please answer as many questions as possible. Some of the material is repetitive, but it is necessary both to help us be thorough and so we may help you obtain any insurance benefits that may apply. Thank you for your help.

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Gender: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Other

Please describe your chief complaints or reasons for seeking care:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICAL HISTORY**

Do you have a history of any of the following conditions?

Yes	No		Yes	No	
____ ____		AIDS/HIV+	____ ____		Arthritis
____ ____		Bleeding Problems	____ ____		Bone Disorder
____ ____		Cancer	____ ____		Diabetes
____ ____		Eating Disorder	____ ____		Heart Disease
____ ____		Hepatitis	____ ____		High Blood Pressure
____ ____		Intestinal Problems	____ ____		Kidney Disease
____ ____		Low Blood Pressure	____ ____		Neurologic Problems
____ ____		Stomach Problems	____ ____		Tuberculosis
____ ____		Respiratory Problems	____ ____		Mental Health Concerns

Please describe any items marked above or list conditions not mentioned:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Tobacco Use: Do you smoke? \_\_\_\_\_ vape? \_\_\_\_\_ chew? \_\_\_\_\_

How often? \_\_\_\_\_ packs/day or \_\_\_\_\_ times per \_\_\_\_\_

Have you smoked in the past? \_\_\_\_\_ yes \_\_\_\_\_ no Quit date: \_\_\_\_\_

Do you use beer, wine, or other alcoholic beverages? yes no

If so, how many drinks per week? 0-3 4-10 more than 10

Do you use any recreational drugs? yes no

Describe: \_\_\_\_\_

Are you pregnant? yes no If so, expected date of delivery: \_\_\_\_\_

**FAMILY HISTORY, IF KNOWN:**

Father: Age, if living: \_\_\_\_\_ His general health: \_\_\_\_\_

or, age at death: \_\_\_\_\_ Cause of death: \_\_\_\_\_

Mother: Age, if living: \_\_\_\_\_ Her general health: \_\_\_\_\_

or, age at death: \_\_\_\_\_ Cause of death: \_\_\_\_\_

Are there any inherited health conditions or genetic disorders in your family?

Yes No Unknown

Please specify:

\_\_\_\_\_

**CURRENT MEDICATIONS** or attach list      DOSE      CONDITION

\_\_\_\_\_ | \_\_\_\_\_ FOR \_\_\_\_\_

\_\_\_\_\_ | \_\_\_\_\_ FOR \_\_\_\_\_

\_\_\_\_\_ | \_\_\_\_\_ FOR \_\_\_\_\_

\_\_\_\_\_ | \_\_\_\_\_ FOR \_\_\_\_\_

\_\_\_\_\_ | \_\_\_\_\_ FOR \_\_\_\_\_

\_\_\_\_\_ | \_\_\_\_\_ FOR \_\_\_\_\_

Please list any vitamins, minerals, or other supplements you take. Specify amount:

\_\_\_\_\_

\_\_\_\_\_

Are you allergic to any medications, foods, or latex? Yes No

If yes, please specify:

\_\_\_\_\_

Do you have any environmental allergies? Yes No

If yes, please specify \_\_\_\_\_

Approx. date of last physical exam (month & year): \_\_\_\_\_

Conditions treated:

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Please list any surgery or hospitalizations you have had:

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---

Please list any regular exercise that you do: \_\_\_\_\_

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1. Have you been told you snore? \_\_\_ Yes \_\_\_ No \_\_\_ Unsure
2. If yes, how long have you been aware of your snoring? \_\_\_\_\_
3. If you snore, has this caused problems for friends or relatives? \_\_\_\_\_
4. Have you been told your breathing stops while asleep? \_\_\_\_\_
5. Do you usually sleep on your back, side or stomach? \_\_\_\_\_
6. Have you been told you move around a lot in your sleep? \_\_\_\_\_
7. Do you have any difficulty falling asleep at night? \_\_\_\_\_
8. Are you aware of any abnormal sleep behaviors, such as sleepwalking? \_\_\_\_\_
9. Do you have any family members with sleep breathing problems? \_\_\_\_\_
10. How many hours of sleep per night do you get? \_\_\_\_\_
11. Do you wake during the night? \_\_\_ If so how many times? \_\_\_\_\_
12. Do you usually wake feeling refreshed in the morning? \_\_\_\_\_
13. Do you often wake with a headache? \_\_\_\_\_
14. Will a small amount of alcohol give you a hangover? \_\_\_\_\_
15. Do you feel sleepy during the day \_\_\_ frequently \_\_\_ occasionally \_\_\_ never
16. Have you ever fallen asleep while driving? \_\_\_\_\_
17. Have you had an overnight sleep study done? \_\_\_\_\_ If so, when? \_\_\_\_\_  
Results of study? \_\_\_\_\_
18. If diagnosed with a sleep breathing disorder (including apnea), what treatment have you had, and how successful has it been? \_\_\_\_\_  
\_\_\_\_\_
19. Do you have trouble breathing through your nose? \_\_\_\_\_
20. Do you clench or grind your teeth during the \_\_\_ day or \_\_\_ night or \_\_\_\_\_ both?
21. Do you often chew \_\_\_ fingernails, \_\_\_ pencils or pens, or \_\_\_ other?

22. Do you regularly see a chiropractor or physical therapist? If so, how often?

\_\_\_\_\_

23. Have you ever had orthodontics (braces or retainers)? \_\_\_\_\_ At what age? \_\_\_\_\_

24. If so, were any permanent teeth extracted? \_\_\_\_\_ Did you use a headgear? \_\_\_\_\_

Was expansion done? \_\_\_\_\_ Do you still use an orthodontic retainer? \_\_\_\_\_

Is the retainer removable? \_\_\_\_\_

25. Have you \_\_\_ gained or \_\_\_ lost weight recently?

How much? \_\_\_\_\_ Over what time? \_\_\_\_\_

26. Is there anything else you would like us to know? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## THE EPWORTH SLEEPINESS SCALE AND STOP BANG QUESTIONNAIRE

How likely are you to doze off or fall asleep in the following situations, in contrast to just feeling tired? This refers to your usual way of life in recent times. Even if you have not done some of these things recently, try to decide how they are likely to affect you. Use the following scale to choose the most appropriate number for each situation, and write the number in the blank:

- 0 = Would Never Doze
- 1 = Slight Chance of Dozing
- 2 = Moderate Chance of Dozing
- 3 = High Chance of Dozing

Situation:	Chance of Dozing:
Sitting and reading	
Watching TV	
Sitting, inactive in a public place such as a theater or a meeting	
As a passenger in a car for an hour without a break	
Lying down to rest in the afternoon when circumstances permit	
Sitting and talking to someone	
Sitting quietly after a lunch without alcohol	
In a car, while stopped for a few minutes in traffic	
<b>TOTAL POINTS:</b>	

**Please check all that apply:**

Do you <b>SNORE</b> loudly (louder than talking or loud enough to be heard through closed doors)?	
Do you feel <b>TIRED</b> , fatigued, or sleepy during the daytime?	
Has anyone <b>OBSERVED</b> you stop breathing during sleep?	
Do you have, or are you being treated for high blood <b>PRESSURE</b> ?	
<b>BMI</b> higher than 35kg/m <sup>2</sup> ?	
<b>AGE</b> over 50 years?	
<b>NECK</b> circumference >16 inches (40cm)?	
Is your <b>GENDER</b> male?	
<b>TOTAL CHECKED:</b>	

Patient Name:

DOB:



**IF YOU HAVE TMJ OR PAIN CONCERNS, PLEASE ANSWER THE FOLLOWING:**

How long ago did your symptoms start?

\_\_\_\_\_ 0-5 months \_\_\_\_\_ 6-11 months \_\_\_\_\_ 1-2 years

\_\_\_\_\_ 3-5 years \_\_\_\_\_ 6-10 years \_\_\_\_\_ 10+ years

Have your symptoms become worse recently? \_\_\_\_\_

Occupation: \_\_\_\_\_

Typical job duties: \_\_\_\_\_

Do any of these duties aggravate your condition?

\_\_\_\_\_

How long have you had your present job?

\_\_\_\_\_

Do you have an opinion about what caused your current symptoms?

\_\_\_\_\_

Have you ever experienced a fall or any type of injury to your head, neck, or jaw?

\_\_\_\_\_

Who have you consulted about your condition?

\_\_\_\_\_

What were their treatments or recommendations?

\_\_\_\_\_

What dietary, nutritional or lifestyle changes have you made?

\_\_\_\_\_

What else have you tried yourself to correct the problem?

\_\_\_\_\_

Please discuss the degree of success of your prior treatment.

\_\_\_\_\_

\_\_\_\_\_

Do you have an opinion as to what should be done to solve your problem?

\_\_\_\_\_

Do you consider yourself to be under a great deal of stress? \_\_\_\_\_

If so, please explain: \_\_\_\_\_

Are your symptoms related to an automobile accident? \_\_\_\_\_

If so, date of accident: \_\_\_\_\_ State where accident occurred: \_\_\_\_\_

Are the symptoms related to a work injury? \_\_\_\_\_

If so, date of injury: \_\_\_\_\_

Name of employer involved: \_\_\_\_\_

If an accident is involved, did any symptoms exist before the accident?

\_\_\_\_\_  
\_\_\_\_\_

Have you ever had any kind of TMJ (jaw joint) therapy or surgery? \_\_\_\_\_ If so please describe and give dates \_\_\_\_\_

Do you play a musical instrument? \_\_\_\_\_ Yes \_\_\_\_\_ No Please specify: \_\_\_\_\_

Please shade the areas of pain on the head diagram and circle the numbers in front of any symptoms you may have. Thank you.

**Head Pain, Headaches**

- 1-Forehead
- 2-Temples
- 3-"Migraine" type headache
- 4-Sinus type headache
- 5-Shooting pain up the back of the head
- 6-Hair/scalp painful to touch

**Eyes**

- 1-Pain behind eyes
- 2-Bloodshot eyes
- 3-May bulge out
- 4-Sensitive to light

**Mouth**

- 1-Discomfort
- 2-Limited Opening
- 3-Inability to open smoothly
- 4-Jaws shifts to one side on opening
- 5-Jaw locks open or shut
- 6-Can't find correct bite

**Teeth**

- 1-Clenching and/or grinding in day or night
- 2-Looseness and soreness of back teeth

**Throat Problems**

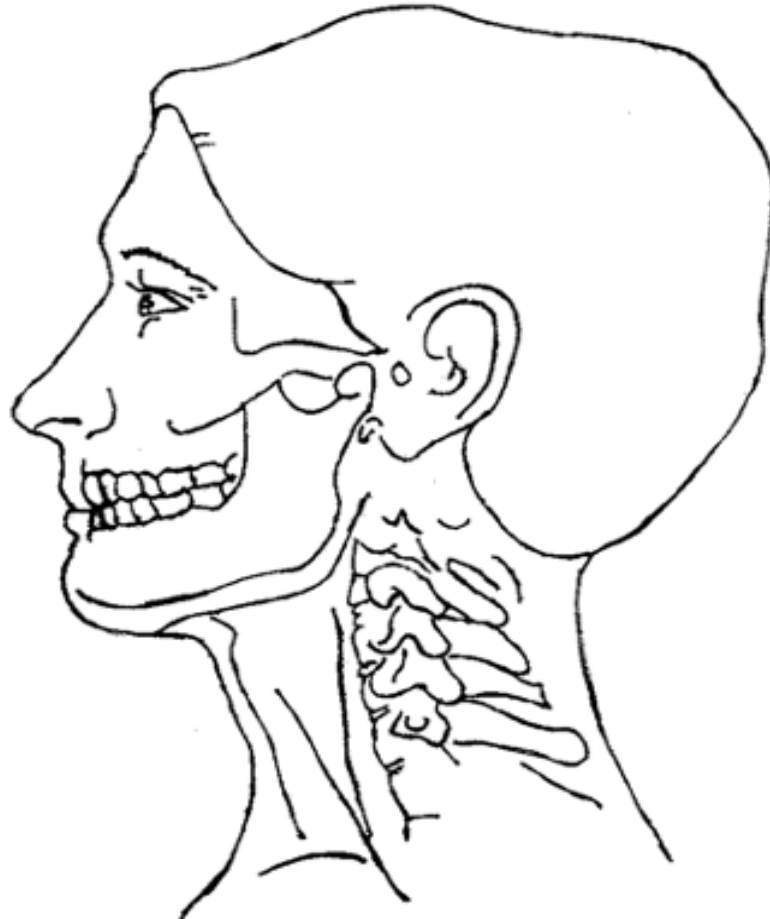
- 1- Swallowing difficulties
- 2-Laryngitis
- 3-Sore throat without infection
- 4-Frequent cough or clearing of throat
- 5-Voice irregularities or changes
- 6-Feeling of foreign object in throat constantly

**Neck Problems**

- 1-Lack of mobility
- 2-Neck pain/stiffness
- 3-Tire sore muscles
- 4-Shoulder pain and/or backache
- 5-Arm and/or finger numbness

**Ear Problems**

- 1-Hissing, buzzing or ringing
- 2-Decreased hearing
- 3- Ear pain-earache with no infection
- 4-Clogged "itchy" ears
- 5- Vertigo, dizziness



**Jaw Problems**

- 1-Clicking, popping jaw joints
- 2-Grating sounds
- 3-Pain in cheek muscles
- 4-Uncontrollable tongue and/or jaw movements

Patient Name:

DOB:

## CHRONIC PAIN INVENTORY

We at the Minnesota Craniofacial Center are concerned with the general wellbeing of our patients, and factors such as environmental stressors, lifestyle, and nutrition can play a part in your overall health and speed of recovery. As our goal is to provide you with the best care possible, we ask that you complete the questions below.

Over the last 2 weeks how often have you been bothered by any of the following?

	None	Several days	More than half the days	Nearly every day
1) Feeling nervous, anxious, or on edge	0	1	2	3
2) Not being able to stop or control worrying	0	1	2	3
3) Feeling down, depressed, or hopeless?	0	1	2	3
4) Little interest or pleasure in doing things	0	1	2	3

The thought of harming myself has occurred to me (circle one):    YES    NO

Disorders of the TMJ and pain go hand in hand. Long-term, or chronic, pain can sometimes contribute to effects such as depression, anxiety, and decreased quality of life. The psychological effect from pain in turn can exacerbate the chronic pain.

We are very optimistic that once function is restored and balance is achieved through treatment with us that the pain will resolve or become manageable. However, chronic pain can sometimes cause such a disturbance that restoring balance and function and removing the source of the physical pain is not enough, and this may need to be addressed specifically. If we feel that the effects of chronic pain are inhibiting your treatment with us, we may recommend that you consider seeing someone such as a pain psychologist. If you would prefer a referral now, please let us know.

Patient Name:

DOB:

## PEDIATRIC SLEEP QUESTIONNAIRE

Fill out this form if you are a parent or guardian accompanying a child receiving treatment. Please complete it as accurately as possible. In our practice we are very interested in our patients' overall health, and orthodontic treatment in children can be an important part of managing health problems caused by sleep and breathing disorders.

Patient's name: \_\_\_\_\_ Age: \_\_\_\_\_

Form filled out by: \_\_\_\_\_

While sleeping does your child...	Yes	No	Don't Know
Snore more than half the time?			
Always snore?			
Snore loudly?			
Have "heavy" or loud breathing?			
Have trouble breathing or struggle to breathe?			
Have you ever...			
Seen your child stop breathing during the night?			
Does your child...			
Tend to breathe through the mouth during the day?			
Have a dry mouth on waking up in the morning?			
Occasionally wet the bed?			
Wake up feeling un-refreshed in the morning?			
Have a problem with sleepiness during the day?			
Has a teacher or other supervisor commented that your child appears sleepy during the day?			
Is it hard to wake your child in the morning?			
Does your child wake up with headaches in the morning?			
Did your child stop growing at a normal rate at any time since birth?			
Is your child overweight?			
This child often...			
Does not seem to listen when spoken to directly			
Has difficulty organizing tasks			
Is easily distracted by extraneous stimuli			
Fidgets with hands or feet or squirms in seat			
Is "on the go" or often acts as if "driven by a motor"			
Interrupts or intrudes on others (e.g., butts into conversations or games)			

Total Number of "Yes" Responses \_\_\_\_\_

CHERVINE ET AL, PEDIATRIC SLEEP QUESTIONNAIRE: VALIDITY AND RELIABILITY OF SCALES FOR SLEEP DISORDERED BREATHING, SNORING, SLEEPINESS, AND BEHAVIORAL PROBLEMS, SLEEP MEDICINE 2000;1:21-32

Patient Name:

DOB:

# CONSENT FOR USE AND DISCLOSURE OF HEALTH INFORMATION

## SECTION A: PLEASE FILL OUT COMPLETELY

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Patient Number: \_\_\_\_\_

## SECTION B: PLEASE READ THE FOLLOWING STATEMENTS CAREFULLY.

**Purpose of Consent:** By signing this form, you will consent to our use and disclosure of your protected health information to carry out treatment, payment activities, and healthcare operations.

**Notice of Privacy Practices:** You have the right to read our Notice of Privacy Practices before you decide whether to sign this Consent. Our Notice provides a description of our treatment, payment activities, and healthcare operations, of the uses and disclosures we may make of your protected health information, and of other important matters about your protected health information. A copy of our Notice accompanies this Consent. We encourage you to read it carefully and completely before signing this Consent.

We reserve the right to change our privacy practices as described in our Notice of Privacy Practices. If we change our privacy practices, we will issue a revised Notice of Privacy Practices, which will contain the changes. Those changes may apply to any of your protected health information that we maintain.

You may obtain a copy of our Notice of Privacy Practices, including any revisions of our Notice, at any time by contacting:

Contact Person: Dr. Kim M Ledermann, DDS

Telephone: 651-642-1013 Fax: 651-642-0947

E-mail: [info@mncranio.com](mailto:info@mncranio.com)

Address: 2550 University Avenue West #143N, Saint Paul, MN 55114

**Right to Revoke:** You will have the right to revoke this Consent at any time by giving us written notice of your revocation submitted to the Contact Person listed above. Please understand that revocation of this Consent will *not* affect any action we took in reliance on this Consent before we received your revocation, and that we may decline to treat you or to continue treating you if you revoke this Consent.

## SECTION C: PLEASE PRINT YOUR NAME ON THE LINE, SIGN, AND DATE BELOW

I, \_\_\_\_\_, have had full opportunity to read and consider the contents of this Consent form and your Notice of Privacy Practices. I understand that, by signing this Consent form, I am giving my consent to your use and disclosure of my protected health information to carry out treatment; payment activities and healthcare operations.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If a personal representative on behalf of the patient signs this Consent, complete the following:

Personal Representative's Name: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

**YOU ARE ENTITLED TO A COPY OF THIS CONSENT AFTER YOU SIGN IT.**

Include completed Consent in the patient's chart.

Patient Name:

DOB:



### Practice policies

*We thank you for selecting us to serve your needs. Our entire staff is a team dedicated to providing the highest quality care and service to our patients. We take great pride in each staff member's training and capabilities. So that we might all enjoy a smooth working relationship, we ask you to take a few minutes to read over our practice policies:*

**APPOINTMENTS:** We strive to keep our patient's waiting time to a minimum, as we recognize that your time is valuable. Therefore, we are able to see our patients on an appointment basis only (with the exception of emergencies). We consider an appointment made to be an agreement and commitment between our office and our patients, and we rely on our fine patients to abide by their agreement. We reserve the right to reschedule your appointment if you arrive more than 15 minutes past your scheduled appointed time.

**EMERGENCIES:** As emergencies do arise, we ask your patience and understanding in the event of our having to place an emergency patient in front of your appointment slot. We will try to inform you of any changes necessary ahead of time, if at all possible.

**FINANCIAL ARRANGEMENTS:** During your first visit, our patient care manager will meet with you. Please direct all inquiries about your account to her rather than to the treatment staff. Our patient care manager or billing specialist will be most happy to discuss how our office handles your insurance benefits, if applicable; how your co-payments (if any) are to be taken care of; how any secondary insurance is handled; and how our office financial policy is administered. She will help you arrange the most suitable method of payment for your care. For your convenience, we accept Visa and Mastercard.

**INSURANCE:** As a courtesy to you, we will be happy to submit all insurance claims for services rendered in our office. However, it is up to you to know if your insurance plan requires a referral or a prior authorization, whether insurance deductibles have been met, if there are plan exclusions for TMJ treatment or dental sleep appliances, what percent of coverage you have, whether you are required to make co-payments and what the co-payment will be, and what your plan maximum coverage is per year. Please see the enclosed form to use when calling your insurance company.

**OUR COMMITMENT TO YOU:** We appreciate having you as a patient in our practice. We will do everything to deliver the highest quality care in a safe, comfortable and caring environment. Please do not hesitate to ask any questions you might have about our services and office policies. In addition, if you are satisfied with our services, please feel free to tell a friend. We welcome new patients and appreciate referrals of your family and friends.

**YOUR COMMITMENT TO US:** I understand that I am ultimately responsible for my account in this office, regardless of what insurance benefits or other third-party compensation may or may not be applied to my account. I authorize payment of any medical benefits directly to MCC. If my insurance denies coverage for my treatment and an appeal is necessary, I will be expected to pay my balance due within 30 days of receiving the denial. If, after the appeal, my insurance does issue payment to MCC, then MCC will issue me a refund.

I also consent to the release and retrieval of my personal health information by MCC to and from my medical and/or any automobile or other insurance companies, and all third parties involved in my care. I agree to a charge of \$50 if I fail or \$25 if I cancel a scheduled appointment **without giving MCC a 24-hour notice.**

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**Patient signature**

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**Date**

Patient Name:  
DOB: